

CALENDAR OF ACTIVITIES

OCTOBER 2026

Throughout the week, Minthis offers new opportunities to connect, unwind and discover. Explore our curated calendar of activities, from wellness sessions and culinary experiences to seasonal events and outdoor pursuits, all thoughtfully designed to enrich your stay.

THURSDAY - 1



FRIDAY - 2

11:00 - 12:00
Tour of the Organic Garden
Meeting Point: Resort Reception

SATURDAY - 3

08:00 - 08:45
Run Club
Meeting Point: Spa Reception

20:00 - 00:00
DJ Set at Bar - M

SUNDAY - 4

10:45 - 11:30
Sunday Strech
Bar M - Lawn

16:00 - 20:00
DJ Set at Bar - M

MONDAY - 5

08:00 - 09:00
Morning Yoga
Bar - M Lawn

TUESDAY - 6



WEDNESDAY - 7

17:30 - 18:30
Cocktail Demonstration
at Bar - M

THURSDAY - 8



FRIDAY - 9

11:00 - 12:00
Tour of the Organic Garden
Meeting Point: Resort Reception

SATURDAY - 10

08:00 - 08:45
Run Club
Meeting Point: Spa Reception

11:00 - 12:00
Morning Yoga
Bar - M Lawn

20:00 - 00:00
DJ Set at Bar - M

SUNDAY - 11

11:00 - 12:00
Sunday Strech
Bar M - Lawn

16:00 - 20:00
DJ Set at Bar - M

MONDAY - 12

08:00 - 09:00
Morning Yoga
Bar - M Lawn

TUESDAY - 13



WEDNESDAY - 14



THURSDAY - 15



FRIDAY - 16

11:00 - 12:00
Tour of the
Organic Garden
Meeting Point:
Resort Reception

SATURDAY - 17

08:00 - 08:45
Run Club
Meeting Point:
Spa Reception

20:00 - 00:00
DJ Set at Bar - M

SUNDAY - 18

10:45 - 11:30
Sunday Strech
Bar M - Lawn

16:00 - 20:00
DJ Set at Bar - M

MONDAY - 19

08:00 - 09:00
Morning Yoga
Bar - M Lawn

TUESDAY - 20



WEDNESDAY - 21

17:30 - 18:30
Cocktail
Demonstration
at Bar - M

THURSDAY - 22



FRIDAY - 23

11:00 - 12:00
Tour of the
Organic Garden
Meeting Point:
Resort Reception

SATURDAY - 24

08:00 - 08:45
Run Club
Meeting Point:
Spa Reception

20:00 - 00:00
DJ Set at Bar - M

SUNDAY - 25

10:45 - 11:30
Sunday Strech
Bar M - Lawn

16:00 - 20:00
DJ Set at Bar - M

MONDAY - 26

08:00 - 09:00
Morning Yoga
Bar - M Lawn

TUESDAY - 27



WEDNESDAY - 28

17:00 - 18:00
Minthis Wine Tasting
Meeting Point:
The Plateia

THURSDAY - 29



FRIDAY - 30

11:00 - 12:00
Tour of the
Organic Garden
Meeting Point:
Resort Reception

SATURDAY - 31

08:00 - 08:45
Run Club
Meeting Point:
Spa Reception

20:00 - 00:00
DJ Set at Bar - M