CALENDAR OF ACTIVITIES

NOVEMBER 2026

Throughout the week, Minthis offers new opportunities to connect, unwind and discover. Explore our curated calendar of activities, from wellness sessions and culinary experiences to seasonal events and outdoor pursuits, all thoughtfully designed to enrich your stay.

SUNDAY- 1

10:45 - 11:30
Sunday Strech
Fitness Studio

16:00 - 20:00
DJ Set at Bar - M

MONDAY - 2

08:00 - 09:00
Morning Yoga
Fitness Studio

TUESDAY - 3



WEDNESDAY - 4



THURSDAY - 5



FRIDAY- 6

11:00 - 12:00
Tour of the
Organic Garden
Meeting Point:
Resort Reception

SATURDAY - 7

20:00 - 00:00
DJ Set at Bar - M

SUNDAY- 8

10:45 - 11:30
Sunday Strech
Fitness Studio

16:00 - 20:00
DJ Set at Bar - M

MONDAY - 9

08:00 - 09:00
Morning Yoga
Fitness Studio

TUESDAY - 10



WEDNESDAY - 11

17:30 - 18:30
Cocktail
Demonstration
at Bar - M

THURSDAY - 12



FRIDAY - 13

11:00 - 12:00
Tour of the
Organic Garden
Meeting Point:
Resort Reception

SATURDAY - 14

20:00 - 00:00
DJ Set at Bar - M

MINTHIS

CALENDAR OF ACTIVITIES

NOVEMBER 2026

SUNDAY - 15

10:45 - 11:30
Sunday Strech
Fitness Studio

16:00 - 20:00
DJ Set at Bar - M

MONDAY - 16

08:00 - 09:00
Morning Yoga
Fitness Studio

TUESDAY - 17



WEDNESDAY - 18



THURSDAY - 19



FRIDAY - 20

11:00 - 12:00
Tour of the
Organic Garden
Meeting Point:
Resort Reception

SATURDAY - 21

20:00 - 00:00
DJ Set at Bar - M

SUNDAY - 22

10:45 - 11:30
Sunday Strech
Fitness Studio

16:00 - 20:00
DJ Set at Bar - M

MONDAY - 23

08:00 - 09:00
Morning Yoga
Fitness Studio

TUESDAY - 24



WEDNESDAY - 25

17:30 - 18:30
Cocktail
Demonstration
at Bar - M

THURSDAY - 26



FRIDAY - 27

11:00 - 12:00
Tour of the
Organic Garden
Meeting Point:
Resort Reception

SATURDAY - 28

20:00 - 00:00
DJ Set at Bar - M

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CALENDAR OF ACTIVITIES

NOVEMBER 2026

SUNDAY - 29



MONDAY - 30

08:00 - 09:00
Morning Yoga
Fitness Studio